



	Maandag	Dinsdag	Woensdag	Donderdag	Vrijdag	Zaterdag	Zondag
08:00			Bodypump		Bodypump		
09:00			08:45 09:45		08:30 09:30		
10:00			Bodybalance 10:00 11:00		Spinning Easy 10:00 11:00		Bodypump 10:00 11:00
11:00			Spinning Easy 10:00 11:00			Spinning 11:00 12:00	Bodystep 11:00 12:00
12:00							
13:00							
14:00	Bodypump 14:00 15:00			Bodypump 14:30 15:30			
15:00	Bodybalance 15:00 16:00						
16:00							
17:00		CXworx 17:30 18:30					
18:00	Bodypump 18:00 19:00	Bodypump 18:00 19:00	Bodypump 18:15 19:15		Spinning 18:30 19:30		
19:00	Bodystep 19:15 20:15	Bodystep 19:20 20:20	Spinning Club Cycle 18:30 19:30	Bodyvive 19:30 20:30	Bodybalance 19:30 20:30		
20:00	Spinning XL 19:15 20:15	Spinning 19:30 20:30	Bodyattack 19:15 20:15	Spinning 19:30 20:30	Bodypump 20:30 21:30		
21:00	Bodypump 20:30 21:30	Bodybalance 20:30 21:30	Spinning 19:30 20:30	CXworx 20:40 21:40			